

GLUTEN FREE

SMALL PLATES

GUACAMOLE 12
crudités

GRILLED CHEESE 8
gluten-free bread,
roasted garlic-tomato sauce

CRISPY BRUSSEL SPROUTS 12
shallots, almond cheese

APPETIZERS &

SANDWICHES

LIVE CRYSTAL ROLLS 13
cucumber, mango, avocado, kimchee, cilantro,
carrots, pickled red cabbage, rice
paper, crushed peanut dipping sauce

MEZZE PLATE 15
hummus, cauliflower baba ganoush,
marinated olives and red peppers, crudites

AVOCADO BLT 14
tempeh bacon, lettuce, tomato,
pickles, gluten-free bread, mesclun

SALADS

HOUSE 7/12
field greens, beets, grape tomatoes,
cucumber, choice of Candle dressing

KALE 16
radicchio, shaved fennel, carrots,
green apple, basil-turmeric dressing

WILD MUSHROOM 15
baby arugula, baby spinach, asparagus, avocado,
heart of palm, basil-hempseed dressing

AZTEC 16
field greens, bicolor quinoa, black beans, cucumber,
mango, red pepper, toasted pumpkin seeds, avocado,
toasted cumin vinaigrette

DRESSINGS & SAUCES
balsamic, carrot ginger, cabernet-fig,
creamy wasabi, basil-hempseed, basil-turmeric,
toasted cumin, lemon-tahini, roasted garlic-tomato

MAINS

MISO STIR-FRY 21
sesame crusted tofu, seasonal vegetables, brown
rice, tamarind-sriracha sauce, arame coulis, kimchee

PORTOBELLO STEAK 22
potato cake, sautéed broccoli rabe,
grilled red onion, roasted cauliflower sauce,
pomegranate-cabernet reduction

MEXICAN LASAGNA 21
corn tortilla, black beans, tempeh chorizo,
tapioca cheese, corn, sautéed greens, poblano-
tomatillo sauce, tofu sour cream

SPRING VEGETABLE PAELLA 21
saffron basmati rice, asparagus, carrot, fava
beans, tomato, tempeh chorizo, kalamata olives

GOOD FOOD PLATE 20
choose any 4 sides with 2 dressings or sauces

SIDES

\$5	\$7
kale	broccoli
spinach	cauliflower
baked sweet potato	quinoa pilaf
caramelized onion	wild mushrooms
steamed tofu	kimchee
brown rice	daily masala
yellow basmati rice	steamed asparagus
daily bean	
daily greens	
carrot & cabbage salad	

BUILD A BOWL

**CHOICE OF GREENS WITH
4 TOPPINGS AND ANY CANDLE
DRESSING**

12

GREENS

arugula, kale, field greens, spinach

FARM FRESH TOPPINGS

carrots, cucumber, grape tomato, roasted
red pepper, apple, olives, cranberries,
sunflower seeds, toasted pumpkin seeds

ADD-ONS

brown rice	2
avocado, hummus, tempeh bacon, bi-color quinoa, cashew parmesan	3
steamed tofu, baked tempeh	4